

Dementia Support Group



**THIRD THURSDAY
OF EACH MONTH
6PM - 7PM**

VENUE:

**TRADITIONS AT BEAUMONT
Chapel
10210 Long Home Road
Louisville, KY 40291**



A Safe Place to Share, Learn & Connect!

All are welcome to join us every third Thursday in the Traditions at Beaumont Chapel for our monthly **Dementia Support Group**. Led by Memory Care Director Shannon Bland, PhD, LPN, CDP, MT-BC, this supportive gathering offers open discussion on a wide range of topics important to those living with or caring for someone with dementia. Dates and topics listed below.

JANUARY 15

Overview of Dementia

JUNE 18

Improvisation & Maximizing Communication

FEBRUARY 19

Managing "Sundowning"

JULY 16

Family Dynamics

MARCH 19

Person-Centered Care

AUGUST 20

Challenging Behaviors

APRIL 16

Stress Management

SEPTEMBER 17

Process of Grief & Acceptance

MAY 21

Integration of Medical & Behavioral Interventions

OCTOBER 15

Surviving the Holidays

**FOR MORE INFORMATION
PLEASE CONTACT:**

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